



Let's learn about:

HERBS

- > **Herbs have been prized for centuries because of their different tastes.**
- > **They can be used fresh or dried.**
- > **The word "herb" comes from the Latin word herba, which means grass, green stalks, or blades!**
- > **Herbs are used to treat health issues and make food taste good.**
- > **Essential oils can be drawn out of herbs to make perfume, lotion, toothpaste, and soaps smell good.**

