

A close-up photograph of a person's hands holding a carrot in a garden bed. The person is wearing a light blue t-shirt and shorts. The garden bed is filled with various green leafy vegetables, including lettuce and spinach. The background is slightly blurred, showing more of the garden and some wooden structures.

LOCAL FOODS FOR GROWING MINDS

**FEED
OUR
FUTURE**

RECIPE CARD

Grow it. Share it. Eat it.

Cooking together not only leads to delicious healthy meals, it can also be a great way for families to spend more time together, teach each other about local foods that are in season, and how to prepare them.



Tomato Basil Pizza

Featured Item: Tomatoes

Serving Size: 1 slice • Yield: 10

Fun Facts:

- Basil is part of the mint family.
- Basil can be grown in water instead of dirt.

Try It!

- Buy basil in all kinds of shapes and colors and have a taste testing contest.

INGREDIENTS

- Pizza Dough, Fresh or Frozen: **1 dough ball**
- Mozzarella Cheese, Shredded: **2 cups**
- Pizza Sauce, with Basil: **1 cup**
- Basil, Fresh, Local, Chopped: **1/4 cup**
- Tomatoes, Red, Local, Sliced: **12 slices**

DIRECTIONS

1. Preheat oven to 350°F.
2. If pizza crust is frozen, thaw.
3. Prepare pizza crust according to packaging instructions.
4. Spread sauce over crust.
5. Top with cheese.
6. Remove seeds and excess juice from tomato slices. Arrange on top of cheese.
7. Top with basil.
8. Bake until golden brown.
9. Cut and serve.

Source: Pisanick Partners, LLC.