FEED OUR OUR OUR FUTURE

RECIPE CARD

Grow it. Share it. Eat it.

Cooking together not only leads to delicious healthy meals, it can also be a great way for families to spend more time together, teach each other about local foods that are in season, and how to prepare them.

Strawberry, Cucumber, Basil Salad

Featured Item: Herbs

Serving Size: 1/2 cup · Yield: 50

HACCP Process #1: No Cook

Child Nutrition Credit: 0.25 Cups of Fruit 0.25 Cups of Other

INGREDIENTS

Basil, fresh, LOCAL:	1/2 C chopped
Strawberries:	3 qt sliced
Cucumber:	3 qt sliced and quartered
Vinegar, Balsamic:	1 C
Sugar, granulated:	1/2 C
Salt:	2 1/4 tsp
Pepper, black:	1 1/4 tsp

DIRECTIONS

- 1. Wash and chop basil into small pieces.
- 2. Wash cucumbers. If they have seeds, remove them, and dice cucumber into small pieces.
- 3. Wash and slice strawberries.
- **4.** Place strawberries, basil, balsamic, and sugar in a bowl. Toss gently to coat. Cover and chill for 1 hour.
- Combine cucumbers, salt, and pepper with strawberry and basil mixture. Toss gently to coat. Serve immediately.

Source: Pisanick Partners, LLC.