



LOCAL FOODS FOR GROWING MINDS

**FEED
OUR
FUTURE**

RECIPE CARD

Make this dish. Make an impact.

When you choose to buy, prepare and eat fresh, local foods, it's better for you and your community! What will you make today? Cook & share with #FeedOurFuture.



Coleslaw

Featured Item: Carrots

Serving Size: $\frac{3}{4}$ cup • Number of Servings: 50

HACCP Process # 1:

- No Cook

Child Nutrition Credit:

- .25 cup of red/orange; .25 cup dark green; .25 cup other

INGREDIENTS

- 3 c., 2 tbsp.** Dressing, Vinaigrette
- 3 qt, $\frac{1}{2}$ cup** Carrots, raw
- 1 gal, 2 qt., 1 cup** Coleslaw, Super Blend

DIRECTIONS

1. Chop or shred carrots to desired thickness.
2. Combine all ingredients and gently mix. Portion into $\frac{3}{4}$ c. servings.

Source: Pisanick Partners, LLC.